

# Recreation on the Disney Dream

While the kids' clubs are a fantastic feature, sometimes you just want a chance to have some active family fun, and Disney Dream does not disappoint!

## POOLS

Guests of all ages can enjoy swimming pools, along with other water areas.

- **Mickey's Pool**
  - Children under 3 will enjoy this splash pool with a fun Mickey design. The nearby Mickey's Pool Slide offers twist-and-turn fun for older children ages 4-14.
- **Donald's Pool**
  - Located at Deck 11, Midship, this family pool is the perfect place for parents and children looking to cool down and make a splash together. Donald's Pool is open daily and is the site of all kinds of fun activities, from Cast Member-led games to exciting on-deck parties.
- **Aquaduck:**
  - The AquaDuck water coaster on the Disney Dream features 250 yards of transparent tubing that sends you twisting and turning over the top decks and OUT OVER THE SEA!! This coaster is 765 feet long and features a 4-deck drop. Riders must be 42" tall to ride with someone else, 54" and 7 years old to ride alone.
- **Quiet Cove Pool:**
  - This adults-only pool is located towards the front of the ship to provide a more serene and peaceful environment than that of the family pools. It includes two hot tub areas and a bar. It's the perfect place to relax while the kids participate in other onboard activities.

Keep in mind adult supervision is required for anyone under 16 and lounge chairs are only available on a first-come, first-served basis. There are also games and activities hosted by Cast Members throughout the day.

## SPLASH ZONES

- **Nemo's Reef:**
  - Younger children will enjoy this 1,500-square-foot splash deck featuring fountains, bubblers, and pop jets—and of course, colorful characters from *Finding Nemo*. Giant sea anemones, seaweed, and coral create a cool coral reef atmosphere that is sure to keep kids engaged and entertained!

## SPORTS AND FITNESS

Stay fit while on vacation at the full-service gym, featuring state-of-the-art weight machines and exercise equipment, and specialized fitness classes, all while taking in magnificent ocean views.

- **Goofy's Sports Deck**
  - Located on Deck 13, Goofy's Sports Deck provides physical activity & fitness fun for the whole family! Here are just some of the fun activities you'll find there:

- **Miniature Golf:**
  - Go mini-golfing with Goofy and his son, Max! This course features nine interactive holes, each one emphasizing various golfing lessons—with a delightfully goofy twist.
- **Basketball Court:**
  - Goofy's Sports Deck also includes a basketball court for those wanting to shoot a few hoops while out at sea.

### Other Activities

- **Shuffleboard** – Try your hand at shuffleboard! Slide into fun on one of the shuffleboard courts, always waxed to perfection. Whether you play traditional one-on-one "knockoff," team up for "Horse Collar," or try the adventurous "Crazy Eight," shuffleboard on a cruise is essential.
- **Running Track** – Lace up those running shoes and venture out for a 400-yard lap around the beautiful Deck! While running the ship's length and traveling on the port and starboard decks, you'll be treated to ocean views every step.

### Disney Cruise Line Fitness Center

Here, you can run on the treadmill, use the elliptical, lift weights, take a class, or even meet with a personal trainer (extra fees apply) at this wonderful fitness center. There are also showers, lockers, men's and women's changing rooms, and complimentary towels and water.

Just because you're out to sea doesn't mean you can't get in some fantastic exercise and physical activity. Disney Dream makes it possible to incorporate *both* fitness *and* family fun into your vacation, all while soaking up the sun and sea breezes.



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