

Spa Treatments on Disney Cruise Line

One of the things I love most about a Disney Cruise is that you can enjoy a family vacation with plenty of quality time together, but you also get the adult relaxation time you need and deserve.

Personally, I find myself most relaxed in the spa. It's such a treat for me to enjoy some quiet time while my family is enjoying their favorite aspects of the ship!

Thankfully, each Disney Cruise ship is home to a luxurious full-service spa and salon known as Senses Spa & Salon. Here you'll find a full suite of spa and beauty treatments—including massages, facials, haircare and more—in a tranquil and soothing setting.

No matter what your preferences are, there's a treatment for everyone!

You can start booking your onboard service as soon as your cruise is paid in full (and your Castaway Club status window opens). If there is something that you are really looking forward to, I would recommend booking it as soon as possible to assure availability. This is especially important for couples services and beachfront massages on Castaway Cay.

If you know you want to enjoy the spa but aren't committed to a particular service yet, simply head to the spa on your first day and see what specials they are offering. I am particularly fond of the 3-service special 10% off your first, 20% off the second, and 30% off the third.

For a full list of Senses Spa Offerings, click [HERE](#).

Visiting the onboard spa is a unique experience that is sure to enrich your time at sea and help you make the most of your vacation time.



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